

7-DAY FINANCIAL RESET - Weekly Clarity Dashboard

Your 10-minute reset for
smarter money decisions.

Tick every item that applies today. Use the prompts
to decide what to reduce, cancel, or change.

Weekly Money Snapshot

*A simple picture of where you
stand right now*

Starting Balance: _____

Ending Balance: _____

Total Spent: _____

Total Saved: _____

Debt Change (+/-): _____

What surprised you this week?

Weekly Wins

*Write down the real progress you
made — even if it feels small.*

Win #1: _____

Win #2: _____

Win #3: _____

Where Your Money Went

*Quickly total your weekly fixed,
variable, and savings spending.*

Fixed Costs

☐ Rent / Mortgage

☐ Utilities

☐ Subscriptions

☐ Insurance

Total: _____

Variable Spending

☐ Groceries

☐ Eating Out

☐ Transport

☐ Fun / Lifestyle

Total: _____

Savings & Transfers

☐ Emergency Fund

☐ Investing

☐ Sinking Funds

Total: _____

This week I spend most on



Explore the Full Managing Money System

- Mini Book: [7-Day Financial Reset Starter Kit](#)
- Deep Dive Book: [Managing Money \(CYOS Series\)](#)

*A Scripting Horizons Action Sheet
Created by Dan Rivers —
entrepreneur & financial habits
coach helping people master money
through simple, practical systems.*

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What Held You Back

Write down the real progress you made – even if it feels small.

Challenge #1: _____

Challenge #2: _____

Challenge #3: _____

Focus Area For Next Week

This week I will focus on improving:

- ☐ Daily spending
- ☐ Subscriptions
- ☐ Overspending triggers
- ☐ Savings consistency
- ☐ Debt repayment
- ☐ Income boosts
- ☐ Budgeting / organisation

Why this area matters:

Next Week's Plan

My ONE target for next week:

Supporting actions (choose 1-3)

- ☐ Reduce one money leak
- ☐ Keep a one-day spending log
- ☐ Automate a transfer
- ☐ Reset categories for the week
- ☐ List & sell one item
- ☐ Check a/c transactions for errors

Expected Result: _____

Motivation Anchor

Small steps, repeated weekly, change your entire financial direction.

My reason for doing this:



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